



# Mental Health Recovery Board

Serving Warren & Clinton Counties

## ANNUAL REPORT

Fiscal Year 2023







## MESSAGE FROM THE BOARD CHAIR



Board Chair,  
**Rahul Gupta**

As Board Chairman, I'm thrilled to write the opening statement for this year's annual report. The weather is changing, nature is more vibrant, and so is our organization. The mission we share is to "support a healthier community by investing in a system of mental health and substance use disorder services for the people of our counties." We are proud to share the progress we've made in our mission as a board and staff.

We work to ensure that anyone living in our communities can find the help they seek for a mental health or substance use disorder. Our job is to make certain that the services and programs provided can meet the community's needs – and that we do it in a way that maximizes the investment that taxpayers make in our local services.

During Fiscal Year 2023, MHRB worked alongside several contracted provider agencies to serve those seeking help in addition to transitioning leadership. Our new executive director, Amy Fornshell, will also offer some ideas for our future below.

We hope this annual report provides a window into the work that you, the taxpayers and supporters of community mental health and addiction services, invest in with your tax dollars. Thank you for your support and care. We always want to hear from the stakeholders in our community and encourage participation in our monthly board meetings which are always posted on our website at [www.mhrbwcc.org](http://www.mhrbwcc.org).

Sincerely,

*Rahul Gupta*

Rahul Gupta  
Chair, Board of Directors  
Mental Health Recovery Board Serving Warren & Clinton Counties

## ..... LOOKING FORWARD TO 2024

I couldn't be more excited to now be leading MHRB and its dedicated staff. Following in the footsteps of Colleen Chamberlain, who retired in 2023, is an awesome task, but I know this great group and I are ready to chart our path forward!

To that end, here's a look at a few things we are working on for FY 2024 and beyond to ensure the residents of Warren and Clinton Counties find the help they seek and the resources they need:

- Developing a real-time data dashboard to inform our services and programs and to report to residents.
- Partnering with additional providers as needed to meet the needs of residents seeking help for mental health and addiction concerns.
- Creating a new strategic plan using feedback from stakeholders, providers, community members, consumers, and family members.
- Building on ways to build awareness of services, navigating the system of care more easily, and breaking the stigma of mental illness.
- Implementing additional prevention strategies to support early intervention and youth.

FY24 will be a year of change for MHRB, but with change can come amazing opportunities of growth and development. We will always be open to receiving feedback and keeping an open approach to how MHRB can support the needs of Warren and Clinton Counties.

Best Wishes,

*Amy Fornshell*

Amy Fornshell  
Executive Director

MHRB Executive Director,  
**Amy Fornshell**





### CAMPAIGNS

**Find Help. Find Hope.** communicated how the community can access care and how to get help in a crisis. The **MRSS** campaign described how youth crisis services can be accessed 24/7. A campaign focused on **Senior Isolation** aimed to support older adults needing mental health care. The **Substance Misuse and Expectant Mothers** campaign aimed to explain the health effects of using substances during pregnancy.



### WEBSITE STATISTICS



## 260 families

received individualized parent coaching to help their journey of raising kids.

## 100 children

were provided assessments and intervention plans by **Early Childhood Mental Health Consultants** and 105 classrooms were supported with classroom management skill building. These services utilized evidence-based strategies to ensure all children can be served in a childcare center despite behavioral health challenges.

## 3,100 students across 115 classrooms

received education on healthy relationships in Warren County. The lessons focused on appropriate interactions between peers and equipping students with tools to identify factors of potentially abusive relationships.

## Over 35,000 people

received school-based and community prevention programming through Talbert House. Prevention topics included parenting, substance use, vaping, bullying, suicide prevention, healthy coping, and social skills.

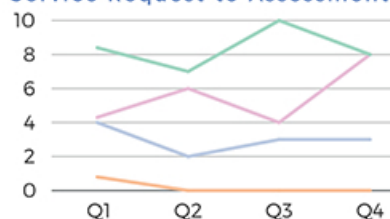


# OUR YEAR BY THE NUMBERS

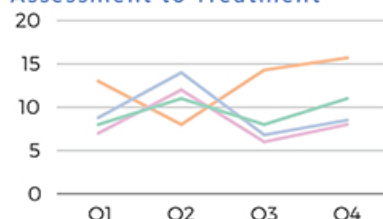
## ACCESS TO CARE

### AVERAGE OUTPATIENT WAIT TIMES (IN DAYS)

Service Request to Assessment

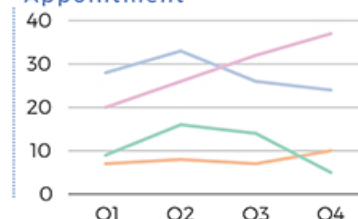


Assessment to Treatment



Provider 1 Provider 2 Provider 3 Provider 4

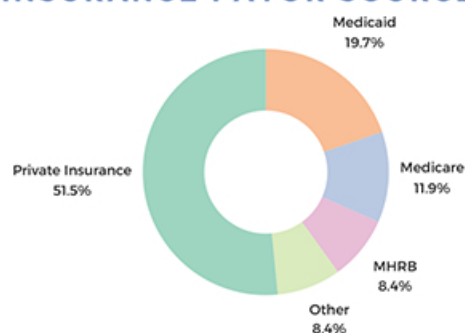
Median Days from  
Psychiatric Referral to  
Appointment



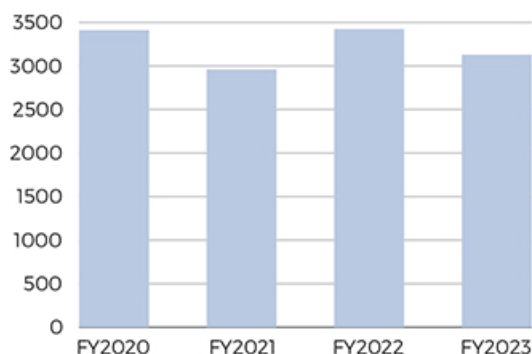
### WAIT LIST

Over FY23, our contracted service providers had a range of **0 to 12** days of wait between a service request and initial assessment. After initial assessment, there was a range of **6 to 16** days to starting treatment. For those that had a psychiatric referral, there was a median wait that ranged from **7 to 37** days depending on the provider and quarter.

### INSURANCE PAYOR SOURCE



## CRISIS

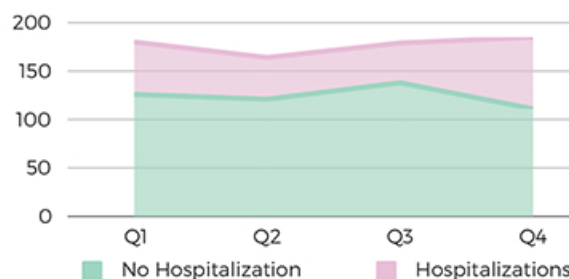


### CRISIS HOTLINE

Over the last four years, the Crisis Hotline has averaged **3,232** calls a year. In FY23, there were **3,130** calls, which is an **8.6% decrease** from FY22. Of the callers where the county of residence was known, **33%** were from **Clinton County** and **67%** from **Warren County**. These local hotline calls do not include calls to the new **988 Suicide & Crisis Lifeline** that was activated nationwide in July of 2022.

### MOBILE CRISIS TEAM

Of the **708** crisis interventions carried out by the Mobile Crisis Team, **70%** were able to be diverted from needing to be hospitalized. The quarterly average response time ranged from **31 to 37 minutes** and the length of service for a crisis intervention ranged from **51 to 57 minutes**.

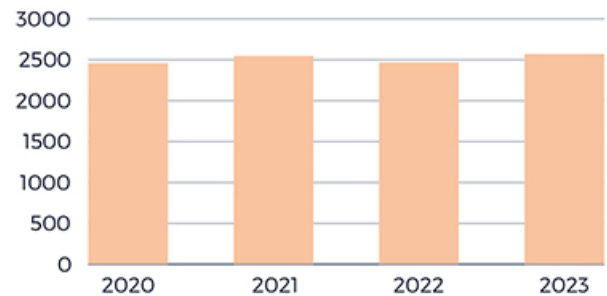




# OUR YEAR BY THE NUMBERS

## ADMITTED PATIENTS

Over the previous 4 fiscal years, there have been an average of **2,512** Warren and Clinton County patients admitted for treatment. In FY23, **2,573** individuals were admitted as new patients across all of the behavioral health providers contracted by MHRB.



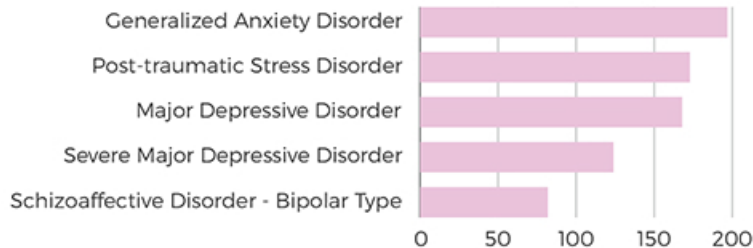
**78%**

of clients demonstrated clinical improvement

**89%**

of client requests were admitted

## TOP 5 DIAGNOSES OF MHRB PAID CLAIMS



**2,538** Problem Gambling Screenings were conducted over the year.

Only **7** people sought and accepted treatment.



## STRONG FAMILIES SAFE COMMUNITY GRANT

OhioMHAS recognized the work done in Warren and Clinton Counties in the state-wide 2023 Impact Report. Youth served in the program averted out-of-home placements and nearly eliminated the incidence of suicide attempts. The grant program serves youth who have intensive behavioral health needs and are often involved with multiple systems of care.

## SEVERE AND PERSISTENT MENTAL ILLNESS (SPMI)

Over **880** residents received SPMI case management services in FY23. Depending on the patient's level of need, they may be seen **daily** to ensure they get the care they need.

On average, **13** of these individuals were admitted to the regional psychiatric hospital per month. Intensive case management services averaged **94** individuals each month.

## GREATER CINCINNATI BEHAVIORAL HEALTH SERVICES

GCBHS is a new provider add to our service array in January 2023 to provide specialty services to the SPMI population. They offer the Forensic Assertive Community Treatment Program (FACT) and the FIRST Episode Psychosis Team Service.

In its first six months, GCBHS enrolled **17** individuals in the FACT program and **6** in the FIRST program.

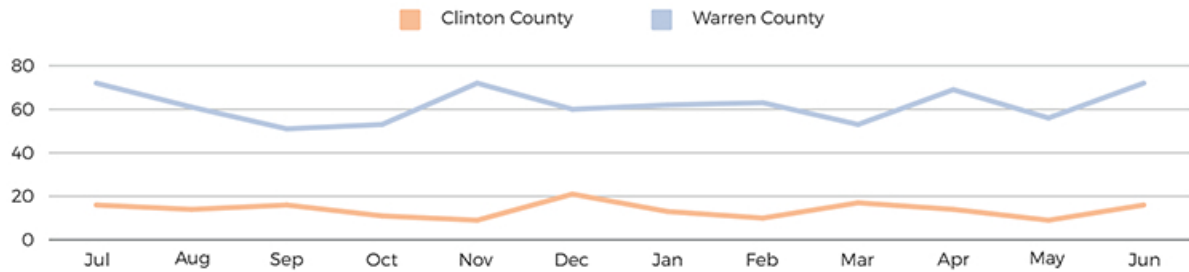
COMMUNITY SERVICES

# OUR YEAR BY THE NUMBERS



## JUSTICE

### NUMBER OF INMATES SEEN BY JAIL PSYCHIATRIC SERVICES



### COURTS

The certified recovery courts are available in both Clinton and Warren Counties. Specialized dockets certified by the Ohio Supreme Court for **Veterans** and **Mental Health** are available in Warren County. Clinton County courts are currently considering adding specialized dockets. These programs have been designed to provide the participants with connections to care and wraparound services. **Mental Health Probation Officers** in Clinton County served an average of **101** clients per quarter and **Warren County** served an average of **50** clients per quarter.

**15** individuals were provided with forensic monitoring services

**50** probate evaluations conducted

**39** individuals on probate status

**78 people**

were referred to vocational services to support them in securing and retaining employment.

**80% of individuals receiving peer support**

reported increased self-sufficiency after their first six months in the program.

**65 admissions**

to transitional housing to assist their recovery as they are leaving hospitalization or institutional settings. Individuals in transitional housing also may be those who need a more stable environment in the community to avoid hospitalization while securing more permanent housing. 20 of these admissions were from Warren County and the remaining 45 were from Clinton County. This housing is available to individuals for up to 90 days.

**83 people**

on average per quarter were in Permanent Supportive Housing. Individuals in Permanent Supportive Housing have a mental health diagnosis that is considered to be a Severe and Persistent Mental Illness (SPMI). This housing is considered to be long term with no designated end time.

**1,828 involved in NAMI and peer-led activities**

which is a 27% increase in FY23 compared to FY22.

## RECOVERY



## BOARD FINANCIAL SUMMARY

### Revenues

Local Levy	\$7,092,746
State Mental Health	\$4,278,703
State Substance Abuse Disorders	\$661,287
Federal Mental Health	\$520,296
Federal Substance Abuse Disorders	\$1,477,037
Grants & Other Revenue	\$266,059
Pass-Through & Fiscal Agent	\$9,948

**TOTAL REVENUE \$14,306,076**

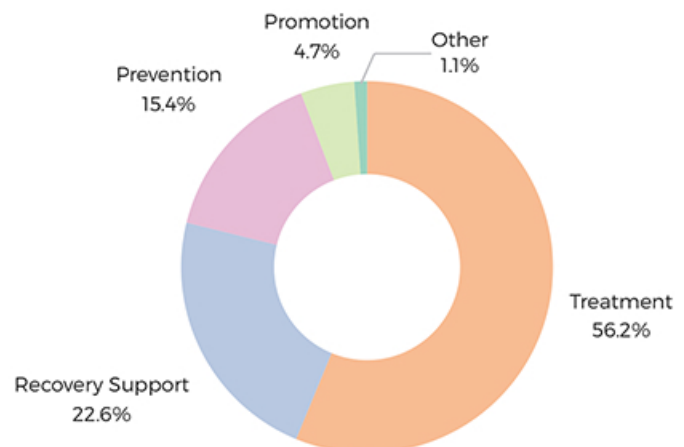
### Expenses

Board Administration	\$1,207,166
Board Operated Services	\$1,060,960
Capital	\$384,513
Contract Services	11,168,583

**TOTAL EXPENSES \$13,821,222**

### CONTRACT EXPENSE DISTRIBUTION

Treatment	\$6,587,235
Recovery Support	\$2,651,193
Prevention	\$1,801,055
Promotion	\$547,035
Other	\$129,100

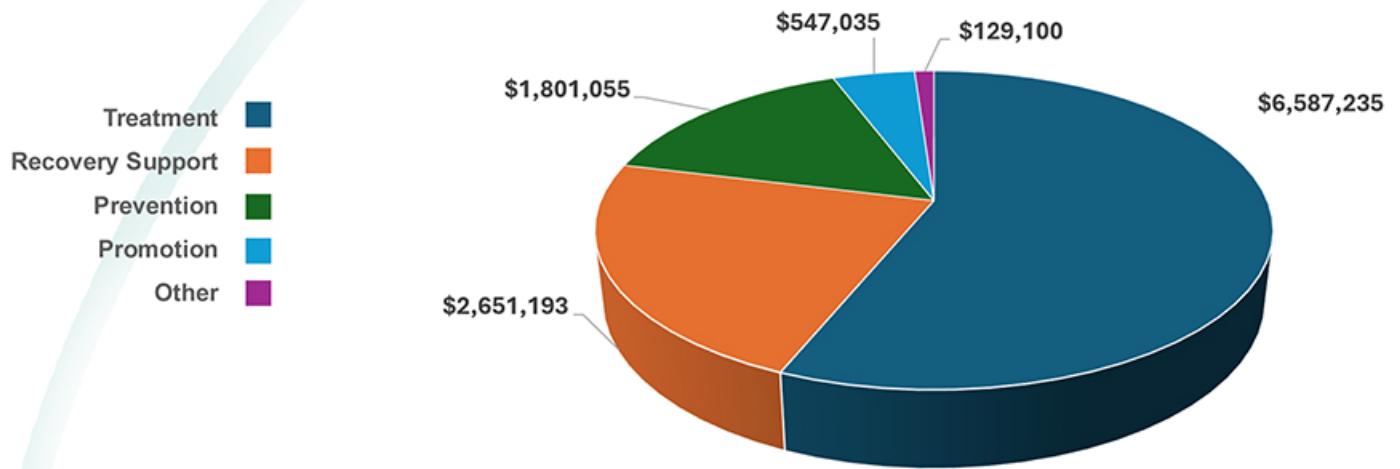


### FINANCIAL OPERATIONS

Over FY23, **300** purchase orders were opened in Warren County's MUNIS system. Throughout the year, **1,300** invoices were processed from vendors including contracts and board administration. The transition to the SmartCare claims adjudication system required the following: new rate tables to be developed for all providers that have claims processed in the system, a reassessment of billing codes and modifiers, and a thorough review of the benefit plans to ensure everything was transferred over properly.

# FINANCIAL INFORMATION

## EXPENSE DISTRIBUTION



## FINANCIAL SUMMARY FISCAL YEAR 2023

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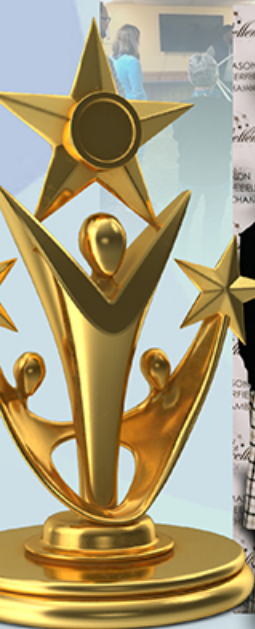






While treatment and prevention services are a big part of our work, MHRB staff also strive to help the community learn about mental illness and addiction, how they can help others who seek help, and what contributes to good mental health and good choices around substance misuse.

To that end, MHRB staff have taken part in educational seminars and community events to share information and educational materials. You can find us attending the many chambers of commerce events in our two counties, speaking to community groups, or hosting tables at events such as Let's Lebanon!, Mason Children's Festival, NAMI Walks, National Night Out, county fairs, and many others.



**FOOD COLLECTION  
CHILDREN'S FESTIVALS  
COUNTY FAIRS  
CHAMBER EVENTS**

**...AND MORE!**

# PROVIDER AGENCIES CONTRACTED IN FISCAL YEAR 2023



BAPC-Hi ResCMYK.jpg



BBH Logo\_Full Color\_with Tagline.png



GCBH-primary\_logo-2020.jpg



MHA.jpg



NHO Logo Best.jpg



Sojourner logo.png



**SOLUTIONS**  
Community Counseling and Recovery Centers  
SolutionsLogo.jpg



Talbert House logo PNG.png

## BOARD OF DIRECTORS –FY2023

**Rahul Gupta**, Loveland - Chair  
**Tiffany Mattingly**, Mason - Vice Chair  
**Kelly Conklin**, Lebanon  
**Jenni Frazer**, Mason  
**Kelly Gholz**, Mason  
**Holly Harmon**, Springboro  
**Michael Kassinos**, Wilmington  
**Brian Payne**, South Lebanon  
**Angela Rahman**, Centerville (Warren County)  
**Shelley Stanforth**, Maineville  
**Dwayne Weyand**, Wilmington  
**Sharon Woodrow**, Mason



If you're interested in serving on our **Board of Directors**, please contact our office at (513) 695-1695.

## MHRB STAFF –FY2023

**Colleen Chamberlain**, Executive Director  
**Patti Ahting**, Chief Deputy Director of Quality, Compliance, Contracting, & Youth Services  
**John Cummings**, Deputy Director of Communications  
**Reija Huculak**, Deputy Director of Adult Mental Health & Recovery Services  
**Shelby Murphy**, Office Manager  
**Julie Payton**, Deputy Director of Special Projects  
**Dustin Ratliff**, Director of Operations & Project Management  
**Jeff Rhein**, Deputy Director of Substance Use Disorders, Criminal Justice & Outpatient Mental Health  
**Karen Robinson**, Chief Fiscal Officer  
**Dee Dee Tewani**, Fiscal Officer





## A CLIENT'S JOURNEY

The client's journey has been nothing short of remarkable. Having previously encountered setbacks that led to reincarceration, the client, resilient and determined, reached out to their former provider for support upon reentering society. This reunion sparked a transformation, as the client embraced guidance and made a conscious effort to evolve. Initially hesitant, the client surprised everyone by not only cooperating with the staff at the halfway house but also actively engaging in the process of positive change. The growth witnessed in the client's demeanor and willingness to adapt was a testament to their newfound commitment to personal development.

After successfully completing the program, the client has seamlessly transitioned to a new residence, where their prosperity is evident. The journey from reluctance to cooperation, from setbacks to graduation, paints a vivid picture of resilience and triumph. The client's story is a celebration of second chances and the transformative power of perseverance.

## OVERCOMING HURDLES

In the labyrinth of transformation, our client embarked on a journey at Turtle Creek with a determination to carve out his freedom. The path was not without its twists and turns, as challenges emerged, and choices were made that hung in the balance of possible repercussions.

Amidst the hurdles, however, the provider and the client engaged in a symphony of conversations about the upcoming transition to a residence offering more liberties. While mastering new tools to complement his existing skill set, the client faced the delicate dance of balancing newfound knowledge with the choices made along the way. Before donning the cap and gown of halfway house graduation, the client achieved remarkable milestones. A job secured, keys to a car in hand—his success became a testament to the collaborative effort between provider and client. Now, thriving at a new residence, the client envisions a future where proximity aligns with opportunity. The desire to move closer to the workplace echoes the client's commitment to not only reclaiming a job but to do so with the leeway and trust granted by those who recognize the strides made in this client's journey toward a renewed and prosperous life.



# Mental Health Recovery Board

Serving Warren & Clinton Counties

## MISSION STATEMENT:

Mental Health Recovery Board Serving Warren & Clinton Counties supports a healthier community by investing in a system of mental health and substance use disorder services for the people of our counties.

201 Reading Road, Mason, OH 45040  
**(513) 695-1695**  
**[mhrbwcc.org](http://mhrbwcc.org)**