



**Department of
Mental Health &
Addiction Services**



**Mental Health
Recovery Board**
Serving Warren & Clinton Counties

Resources and Hotlines for Ohioans Affected by Tornadoes in March 2024

- [SAMHSA Disaster Distress Helpline: 1.800.985.5990](#)
- 988 Suicide and Crisis Lifeline: [English](#) [Spanish](#)
- [SAMHSA Technology Transfer Centers \(TTCs\)](#)
- [SAMHSA Disaster Technical Assistance Center \(DTAC\)](#)
- [Tips for Survivors of a Disaster or Other Traumatic Event: Managing Stress \(Spanish\)](#)
- [Coping with a Disaster or Traumatic Event \(Spanish\)](#)
- [Mass Disasters, Trauma, and Loss \(Spanish\)](#)
- [Disaster-specific Resources: Tornadoes](#)
- [Tornadoes and Severe Storms](#)
- [Stay Safe After a Tornado \(Spanish\)](#)
- [Resources for Children and Youth](#)
- [Recovery From Large-Scale Crises: Guidelines for Crisis Teams and Administrators](#)
- [National Child Traumatic Stress Network - Tornado Resources](#)
- [Trinka and Sam and the Swirling Twirling Wind \(Spanish\)](#)
- [Helping Older Adults After Disasters: A Guide to Providing Support](#)
- [Eldercare Locator](#)
- [Helping Families Deal with the Stress of Relocation After a Disaster](#)
- [The Impact of Disaster on Older Adults](#)
- [Caregiver Helpdesk](#)
- [Disaster Assistance for Caregivers](#)
- [VA Caregiver Support Line](#)
- [First Responders and Disaster Responders Resource Portal](#)
- [A Guide to Managing Stress for Disaster Responders and First Responders](#)
- [Responder Safety and Health](#)
- [Psychological First Aid Online \(Spanish\)](#)