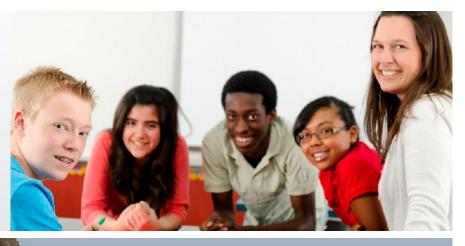


How Do I Help a Student I'm Worried About?





Learn through practice conversations with virtual students and parents.

Topics include:

- · How to identify signs of psychological distress
- · Techniques to approach students and parents to discuss concerns
- · Information about support services available

Freely available 24/7 at:

ohio.kognito.com

School and Community Leaders:

Use the above link to access resources for implementing the training in your schools.

This training is made available by the Ohio Suicide Prevention Foundation

These Trainings are offered [in part] under grant number SM062894 from the Substance Abuse & Mental Health Services Administration (SAMHSA), U.S. Department of Health & Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.