

at-risk

for High School Educators

How Do I Help a Student
I'm Worried About?



Learn through
practice
conversations with
student avatars.



Topics include:

- How to identify signs of psychological distress
- Techniques to approach and motivate students to access help
- Information about support services available to students

Freely available 24/7 at:

ohio.kognito.com

School and Community Leaders:

Use the above link to access resources for implementing the training in your schools.

This training is made available by the Ohio Suicide Prevention Foundation.