

# Behavioral Health Service Array

An Introduction for Schools

August, 2020



**Mental Health**  
Recovery Board  
Serving Warren & Clinton Counties

mhrbwcc.org  
(513) 695-1695

# Presenters

**Patti Ahting**

**Chief Deputy Director-Quality, Compliance,  
Contracting & Youth Services**



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# Purpose

- Explain Role of MHRBWCC
- Provide an overview of ever-expanding services funded by MHRB
- Provide resources which can assist schools further explore and link to the services available



# Role of MHRB

## Mission Statement

The mental health and recovery services system supports communities in Clinton and Warren Counties to respond to behavioral health issues through prevention, intervention, treatment, rehabilitation, and asset building services. Our mission is sharing hope and caring to achieve recovery from mental illness, alcoholism, and drug addiction. Our expectations for recovery including the acquisition of meaningful roles, sobriety, healthy relationships with friends and family, and a joyful life.

## Overarching Statement

People of Warren and Clinton Counties who have, are at risk of, or who have been touched by mental, emotional, behavioral, and addiction disorders will lead healthy lives and achieve their full potential in a supportive community while optimizing the use of available resources.

## Strategic Goal

Ensure a forward thinking, community-focused culture to establish MHRB as a recognized leader in Behavioral Healthcare.



# Role of MHRB

Ohio Revised Code Chapter 340 outlines our Role, specifically to:

- Plan behavioral health services in catchment area
- Fund these services
- Monitor and evaluate these services



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# Some of our Contract Providers

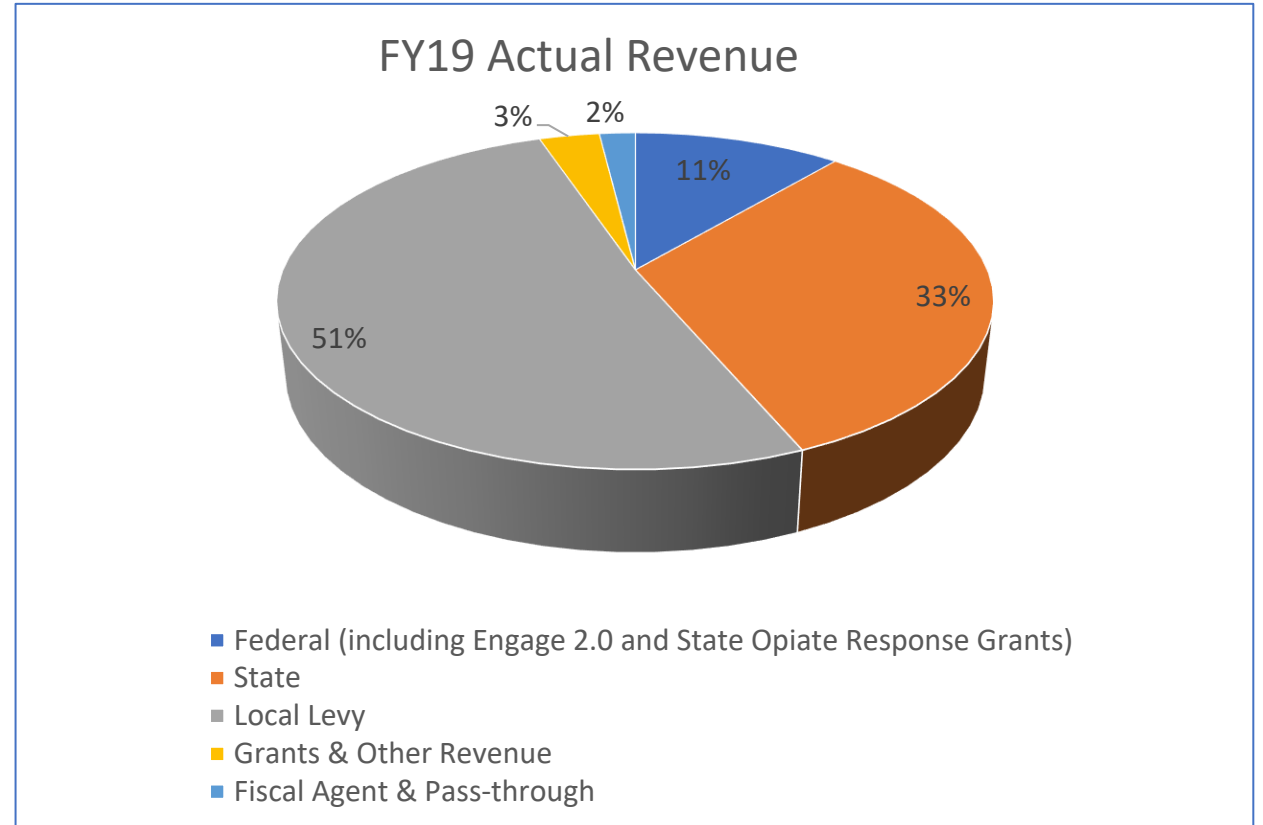


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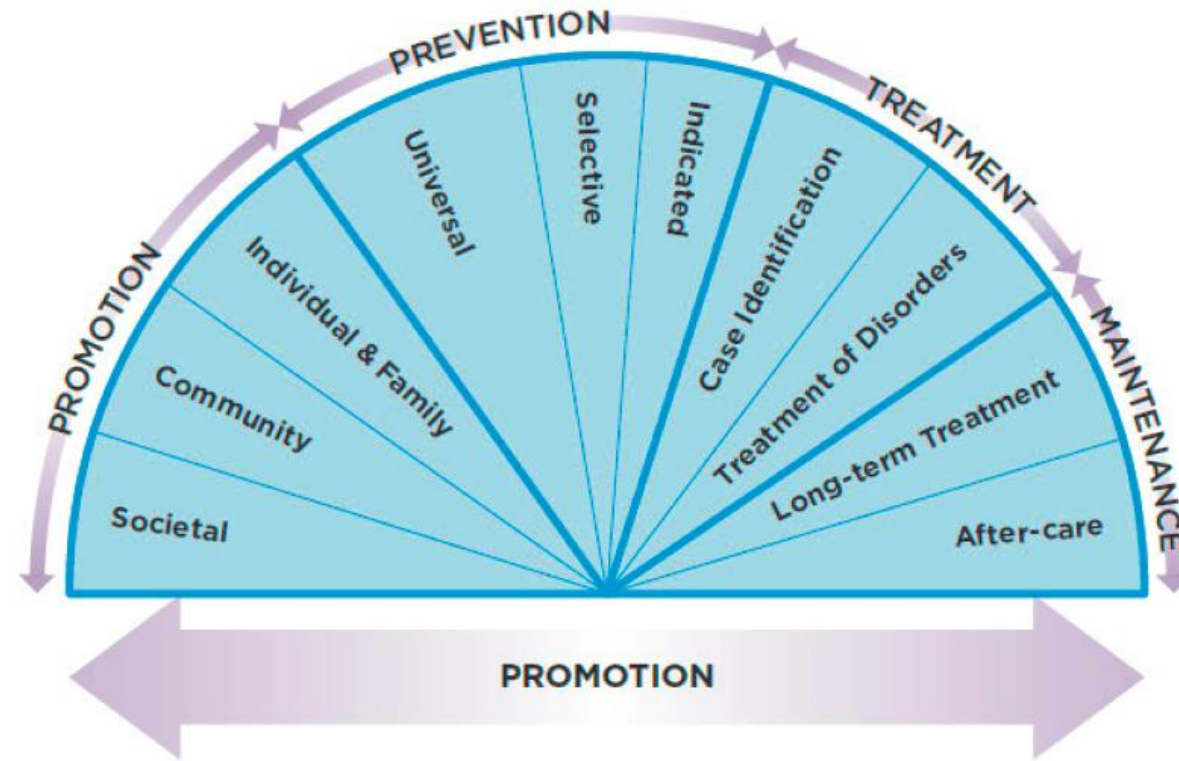
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# Source of Funding

FY19 Actual	Revenue
Federal (including Engage 2.0 and State Opiate Response Grants)	\$ 1,371,763
State	\$ 3,975,874
Local Levy	6,285,589
Grants & Other Revenue	\$ 397,917
Fiscal Agent & Pass-through	\$ 237,917
<b>Total</b>	<b>\$ 12,269,060</b>



# Spectrum of Mental, Emotional and Behavioral Interventions



Source: National Academies of Sciences, Engineering, and Medicine 2019. *Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth: A National Agenda*. Washington, DC: The National Academies Press. <https://www.nap.edu/catalog/25201/fostering-healthy-mental-emotional-and-behavioral-development-in-children-and-youth> Retrieved 12/30/19



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# Behavioral Health Service Array: Prevention

LEVEL	Infancy	Early Childhood	Childhood	Early Adolescence	Adolescence	Young Adulthood
Parent Skills Training	Early Childhood MH Consultation <sup>1</sup>					
			Parent Coaching <sup>2</sup>			
			Kinship Navigator <sup>2</sup>			
			Parent Peer Support @ Learning Centers <sup>2</sup>			
Parent Educational Workshops & Roundtables <sup>1,2</sup>						

## MHRB Contract Providers

<sup>1</sup>Solutions Community Counseling & Recovery Centers

<sup>2</sup>Beech Acres Parenting Center



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# Behavioral Health Service Array: Community-School Based Prevention/Education

LEVEL	Infancy	Early Childhood	Childhood	Early Adolescence	Adolescence	Young Adulthood
Community-School based Prevention/Education			Classroom-based curriculum to prevent depression (Red Flags), suicide (SOS), etc. <sup>3</sup>			
			The Character Effect™ <sup>2</sup>			
	Educational Workshops on various Behavioral Health Topics <sup>1,2,3</sup>					
			QPR & Kognito (Suicide Prevention Gatekeeper Training) <sup>3</sup>			
			Consultation regarding interventions or youth of concern <sup>1,2,3</sup>			

MHRB Contract Providers	
<sup>1</sup> Solutions Community Counseling & Recovery Centers	<sup>3</sup> Talbert House - Warren/Clinton Outpatient
<sup>2</sup> Beech Acres Parenting Center	



# Behavioral Health Service Array: Crisis

LEVEL	Infancy	Early Childhood	Childhood	Early Adolescence	Adolescence	Young Adulthood
Crisis/ Stabilization Services						HopeLine <sup>7</sup>
		24/7 Crisis Hotline <sup>5</sup>				
		Mobile Response and Stabilization Services <sup>11</sup>				
						Quick Response Teams (QRT) after overdoses <sup>3,7</sup>
		Mobile Crisis Services <sup>11</sup>				
			Pre-Hospitalization Screening Services @ emergency departments <sup>11</sup>			
			Emergency Consultation for lethality assessments/ brief therapy post crisis intervention <sup>11</sup>			
				Juvenile Detention/Jail Services <sup>1,3</sup>		

MHRB Contract Providers	
<sup>1</sup> Solutions Community Counseling & Recovery Centers	<sup>7</sup> Beckett Springs Hospital
<sup>3</sup> Talbert House - Warren/Clinton Outpatient	<sup>11</sup> Butler Behavioral Health Services
<sup>5</sup> Sojourner Recovery Services	



# Behavioral Health Service Array: Treatment

LEVEL	Infancy	Early Childhood	Childhood	Early Adolescence	Adolescence	Young Adulthood	
Treatment		Mental Health - Assessment/Counseling <sup>1,2,3,11</sup>					
		Community Psychiatric Support Treatment (Case Management) <sup>1,2,3,11</sup>					
		Psychiatric Services <sup>1,2,3,11</sup>					
		Parents & Children Together Program (PACT - Trauma Informed CBT) <sup>1</sup>					
		Intensive Home Based Services (IHBS) <sup>11</sup>					
		Specialized Care Manager integrated with the Development Disability Boards to work with clients who also have Behavioral Health Diagnoses <sup>4</sup>					
			MH-Residential Treatment (largely through FCFC Pooled Fund) <sup>6</sup>				
				Substance Use Treatment (SUD)- Assessment/Counseling <sup>1,3,11</sup>			
						SUD - Medication Assisted Treatment <sup>1,3,11</sup>	
						SUD- Ambulatory Detox <sup>5</sup> /Residential Detox <sup>6</sup> /Residential Treatment <sup>6</sup>	



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MHRB Contract Providers	
<sup>1</sup> Solutions Community Counseling & Recovery Centers	<sup>5</sup> Sojourner Recovery Services
<sup>2</sup> Beech Acres Parenting Center	<sup>6</sup> Various Providers upon referral from Treating Agency
<sup>3</sup> Talbert House - Warren/Clinton Outpatient	<sup>7</sup> Beckett Springs Hospital
<sup>4</sup> Envision	<sup>11</sup> Butler Behavioral Health Services

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# Behavioral Health Service Array: Recovery

LEVEL	Infancy	Early Childhood	Childhood	Early Adolescence	Adolescence	Young Adulthood
Recovery Supports			Respite (by referral) <sup>6</sup>			
			Therapeutic Mentoring (by referral) <sup>2,12</sup>			
			Family to Family; Peer to Peer; Education; Support Groups <sup>10</sup>			
						Housing (SUD Recovery, Transitional, MH Supportive) <sup>6</sup>
					Transitional Age Youth Services <sup>1,11</sup>	
					MH/SUD Peer Support Services <sup>1,2,3</sup>	
					Supported Education Counselor @ Sinclair College-Mason <sup>9</sup>	
					Vocational Services <sup>11</sup>	



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### MHRB Contract Providers

- <sup>1</sup> Solutions Community Counseling & Recovery Centers
- <sup>2</sup> Beech Acres Parenting Center
- <sup>3</sup> Talbert House - Warren/Clinton Outpatient
- <sup>4</sup> Envision
- <sup>5</sup> Sojourner Recovery Services
- <sup>6</sup> Various Providers upon referral from Treating Agency

- <sup>7</sup> Beckett Springs Hospital
- <sup>8</sup> Mental Health America of NKYSWO
- <sup>9</sup> Sinclair College-Mason
- <sup>10</sup> NAMI-SW Ohio
- <sup>11</sup> Butler Behavioral Health Services
- <sup>12</sup> Central Clinic

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# Service Populations

Prevention

Crisis Services

Mental Health  
Outpatient  
Services

Seriously  
Emotionally  
Disturbed (SED)  
Youth Services

Substance Use  
Disorder (SUD)  
Outpatient  
Services



# Service Populations and Benefit Rules

## Prevention Services

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### **Service Population:**

Any Warren/Clinton Resident

### **Benefit Rule:**

There is no charge to any Warren or Clinton County school, agency, entity or individual participant for this service. MHRB provides funding to contract agencies for the provision of these FREE services to the Warren and Clinton County community.



# Service Populations and Benefit Rules

## Crisis Services

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### **Service Population:**

Any individual in Warren or Clinton Counties is eligible for crisis services.

### **Service Array:**

- Crisis Hotline
- Mobile Response and Stabilization Service (MRSS)
- Pre-Screening for Psychiatric Hospitalization/Mobile Crisis
- Quick Response Teams (QRT) after Overdoses
- School Crisis services

### **Benefit Rule:**

There is no charge for calling the crisis hotline. There is no out-of-pocket charge for MRSS or a Pre-Screening for a psychiatric hospitalization, however Medicaid or private insurance may be billed. When deployed after an incident, School Crisis Services are provided at no charge to schools/students.





# Service Populations and Benefit Rules

## Mental Health Outpatient Services

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### Service Population:

- Children exhibiting behavioral evidence of mental health issues and their families.
- Adolescent age youth exhibiting mental health disturbances, or those at high risk of substance abuse/dependency and/or mental health disturbances as indicated by familial, vocational, medical difficulties, juvenile court involvement or school disciplinary actions.
- Adults exhibiting mental health issues as indicated by familial, vocational or medical difficulties, judicial or law enforcement involvement.



# Service Populations and Benefit Rules

## Mental Health Outpatient Services Cont.

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### **Billing Order & Benefit Rule:**

1. Private Insurance: Insurance covers for most clinical services.
2. Medicaid: Medicaid pays for clinical services (treatment).
3. MHRB Subsidy for Warren and Clinton County Residents (through the support of the local levy, state and federal funds) is based upon a Sliding Fee Scale.
4. Responsible Party: Any amount not covered under the above will be billed to the responsible party.



# Service Populations and Benefit Rules

## Seriously Emotionally Disturbed (SED) Youth Services

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### Service Population (accordance Ohio Administrative Code 5122-24-01):

- Under eighteen years of age; *MHRB Exception*: Service has been extended to Youth aged 18-21
- Marked to severe emotional/behavioral impairment (defined as lack of self-care activities, suicidal preoccupation, school refusal, obsessive rituals, frequent anxiety attacks, aggressive behavior, severe depression/psychosis)
- Impairment that seriously disrupts family or interpersonal relationships (defined as involvement of police, courts, or other systems; inability to participate in age-appropriate activities, community is unable to tolerate behavior; or behavior is life-threatening)
- May require the services of other youth-serving systems (e.g., education, human services, juvenile court, health, mental health/mental retardation, youth services, and others).



# Service Populations and Benefit Rules

## Seriously Emotionally Disturbed (SED) Youth Services Cont.

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### **Billing Order & Benefit Rule:**

1. Private Insurance: Insurance covers for most clinical services.
2. Medicaid: Medicaid pays for clinical services (treatment) up to a cap established by the State of Ohio
3. MHRB Subsidy for Warren and Clinton County Residents (through the support of the local levy, state and federal funds): MHRB provides a subsidy, regardless of family income, which covers the balance of any clinical outpatient service plus contracted services which are not typically covered by private insurance, such as consultation and case management services. Thus, there is no out-of-pocket cost for SED outpatient services.



# Service Populations and Benefit Rules

## Outpatient Addiction Services including Alcohol & Other Drugs and Gambling Treatment

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### Service Population:

- Adults or adolescents with a primary diagnosis of a substance use disorder (SUD) and their families
- Individuals with a primary or secondary diagnosis related to problem gambling
- Individuals with co-occurring (SUD and MH) disorders

### Billing Order & Benefit Rule:

Same as Mental Health Outpatient Services (see above)



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# Sliding Fee Scale (SFS)

- Sliding Fee Eligibility Calculation completed by MHRB Contract Providers based upon SFS developed by MHRB (based upon Federal Poverty Guidelines)
- SFS Chart available upon request





# Sliding Fee Scale (SFS) - cont.

For those individuals who have a household income at or below 250% of the Federal Poverty Line (FPL), 100% subsidy is available, meaning they are eligible for services with no out of pocket expenses. For those who are from 251%-400% FPL, graduated subsidy levels are provided. This subsidy will be applied towards:

- Any private insurance co-pays or deductibles.
- Any clinical service which is not covered by Private Insurance or Medicaid if deemed medically necessary.
- Any MHRB contracted non-clinical service which is not covered by Private Insurance or Medicaid.
- For a client who does not have any medical coverage, MHRB can be billed for clinical services as long as deemed medically necessary. The expectation is that the individual will secure insurance coverage within 180 days. The provider agency will assist family in securing this coverage.



# Sliding Fee Scale (SFS) – cont.

- Examples:
  - Family of 2:
    - income of \$43,080 or less – no out of pocket cost to family
    - income of \$69,000 or more – no subsidy available
  - Family of 4:
    - income of \$65,400 or less – no out of pocket cost to family
    - income of \$105,000 or more – no subsidy available





# Other MHRB Initiatives

- Supported Education Counselor @ Sinclair College – Mason
- MHRB/Board of DDs Collaborative – Care Manager provided by Envision Ohio
- Trauma Informed Care Learning Collaborative
- Speaker's Bureau



# Moving forward

- On-Demand Videos from our Contract Providers explaining services
- Brochures/Materials posted on our website
- Listening Session with Guidance Counselors
- Scheduled Virtual Group Consultations
- MHRB always available to answer questions, problem-solve, provide information/referral





Self care is  
so important.  
When you take  
time to replenish  
your spirit,  
it allows you to  
serve others  
from the overflow.  
You cannot serve  
from an  
empty vessel.

- Eleanor Brown

Jill Conyers | Yoga + Wellness for the Body and Mind



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**You are not alone;**

**We are here to help!**



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# Contact Information

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## **Mental Health Recovery Board**

### **Location:**

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