

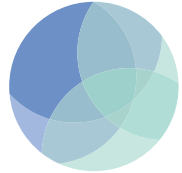
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## Mental Health Recovery Board

Serving Warren & Clinton Counties

### ADMINISTRATIVE OFFICES

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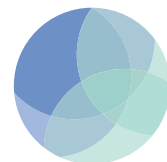
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# SHARING HOPE FOR RECOVERY

The MHRB Provider  
Network Guide



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## SERVICES AND PROGRAMS

**ASSESSMENT** involves gathering the initial information to evaluate needs and ability to function to determine the best level of services and treatment. Clinicians will talk with clients to determine the problem, evaluate mental status, and determine a diagnosis, then recommend appropriate services/programs for treatment, or a need for additional assessment.

**COUNSELING** focuses on treatment of the individual's mental illness and/or addiction with expectations of treatment outcomes. Counseling can be done on an individual, family, or group basis.

**COMMUNITY PSYCHIATRIC SUPPORTIVE TREATMENT (CPST)** provides services to clients in the home, community, or school setting. CPST serves as an extra form of support for outpatient counseling and medication management services.

**CRISIS INTERVENTION** is an immediate response to an emergency situation that a client experiences. The aim is to de-escalate the situation or individual safely, then determine the best course of treatment, with coordination and referral to appropriate services.

**DETOX/WITHDRAWAL MANAGEMENT** help clients who may be working through mild to moderate symptoms of withdrawal from alcohol or drugs. This often entails 24-hour care, either monitoring (sub-acute) or medically-directed assessment and withdrawal management (acute) that promotes recovery from addiction.

**DRUG SCREENING** picks up any presences of drugs or alcohol through urinalysis using a lab or dip screen.

**EMPLOYMENT & VOCATIONAL SERVICES** promote recovery with skill development and training toward a client securing and maintaining a job.

**HOUSING** helps clients in recovery with interim support and services while recovering from mental illness or addiction. People served include those who are at risk of institutional placement, who are transitioning from the hospital to home, who are homeless, or who may be at risk of relapsing.

**INTENSIVE OUTPATIENT TREATMENT** is structured individual or group activities and services offered to clients with addiction issues at a certified treatment program site. These services are given at a minimum eight hours per week, with services provided at least three days per week.

**MEDICATION MANAGEMENT** involves providing, prescribing, and supervising the distribution of psychotropic medications that are used to reduce, stabilize, or eliminate psychiatric or physical symptoms. The goal is to improve functioning and reduce symptoms.

**PEER SUPPORT SERVICES** involve sharing support and education with a client in recovery from someone with a shared life experience. Individuals who provide peer support may also be in recovery from mental illness and/or addiction, but who use that experience as a tool to help others.

**PREVENTION SERVICES** help to reduce the incidence of mental illness and addiction throughout communities in our service area. These include substance use, suicide awareness programs for schools and community groups, and mental health promotion.

**RESIDENTIAL TREATMENT** includes medical monitoring and nursing in a 24-hour rehabilitation facility that includes a planned program with professional evaluation, care, and treatment via evidence-based practices around recovery from mental illness and/or addiction.

Definitions are adapted from the Ohio Administrative Code and the Ohio Department of Mental Health and Addiction Services (OhioMHAS).