

Trauma Webinars and On-line Trainings Archived/On-Demand (all free unless otherwise noted)

Updated 1/15/19

Disclaimer:

These Trauma Resources are compiled by Mental Health Recovery Services of Warren and Clinton Counties as a service for professionals and the community. The aim is to give wide coverage to resources, training and news as well as a variety of views and opinions on aspects related to trauma. MHRS does not necessarily endorse the opinions or views put forth in these publications, and neither guarantees the accuracy of the information provided by external sources/links nor accepts responsibility or liability for any consequences arising from the use of such data.

Table of Contents by Category (hyperlinked)

Table of Contents

General Trauma Informed Care Topics:	5
Preventing Adverse Childhood Experiences (ACEs) *Added 1/15/19*	5
Breath Awareness and Modulation: Healing Trauma and Addiction ** Added 10/5/18**	5
Fostering Community Wellness: Addressing Toxic Stress and Adverse Community Events *Added 10/5/18*	5
Working “Upstream” to Prevent Adverse Childhood Experiences (ACEs) * Added 10/5/18**	5
Mind Body Skills for Emotional Regulation **Added 5/4/18**	5
Be Attentive: All Language Matters! Using Trauma Sensitive Language	5
Trauma-Informed Clinical Best Practices: Implications for Clinical and Peer Workforce	6
Trauma History and Extensive Service Use: Strategies for Treatment and Prevention	6
Balancing ACEs with HOPE; **Added 6/20/18**	6
Parental Depression and Its Impact on Child and Family Well-Being, **Added 6/20/18**	6
Considerations for SOC Leaders in Developing Trauma Informed Systems, **Added 6/20/18**	7
Adults:	7
The Child Is Father To The Man: Trauma Leading to Substance Abuse May Lead to Further Trauma	7
Children/Youth:	7
Supporting Children Who Lose Parents to Overdose *Added 1/15/19*	7
Adolescent Intersections: Depressive Disorders, Developmental Trauma, and Psychoactive Substances *Added 1/15/19*	7
Suicide & Bullying: Preventing Suicide through Collaborative Upstream Interventions *Added 10/5/18*	7
Stopbullying.gov *Added 10/5/18*	8
Building Community, Building Hope Film Series ** Added 5/4/18**	8

Supporting Grandparents Webinar – Added 1/26/18	8
"We Never Outgrow the Need for Family -- Just Ask Us"	8
Bullying Prevention Training Course	8
Kujichagulia (Swahili - Self Determination): Effective Strategies in Addressing Trauma in African American Children, Youth and Families	8
Effective Strategies in Addressing Trauma in Children of Incarcerated Parents	9
Understanding Trauma and Promoting Resilience in Vulnerable Children	9
Children’s Safety Network website.....	9
Effective Strategies in Addressing Trauma in Children of Incarcerated Parents	9
Ohio Suicide Prevention Foundation Kognito Program	9
I Take it Back: When a Child Recants Allegations of Sexual Abuse, **Added 6/20/18**	9
Child Protector App: An Investigative and Educational Tool; **Added 6/20/18**	10
Courts/Attorneys:	10
Trauma Informed Attorney-Client Relationship	10
Crime Victims:	10
Developmental Disabilities:	11
Five Part Webinar Series focused on Trauma and Person with Developmental Disabilities.....	11
Bullying, Social Media Impact	11
Disaster/ Community-Based Trauma:	11
When Disaster Strikes: Promoting Resilience through Prevention, Preparation and Intervention.	11
Communities Addressing Trauma and Community Strife Through Trauma-Informed Approaches Webinar.....	11
Domestic Violence:	12
The National Center for Domestic Violence, Trauma and Mental Health.....	12
• Trauma-Informed Responses to Emotional Distress and Crisis: An Introduction.....	12
• Responding to Mental Health Crisis: Incorporating Peer Support Practices	12
• Responding to Mental Health Crisis: Program Polices That Support Trauma-informed Responses to Emotional Distress and Crisis.....	12
• Responding to Mental Health Crisis: Trauma-Informed Strategies to Support Connection and Emotional Safety.....	12
• Responding to Mental Health Crisis: The What and Whys of Self-injury	12
• Responding to Mental Health Crisis: Trauma-informed Approaches to Conversations About Diagnosis, Treatment and Medication.....	12
Evaluation:	12

Using a Trauma-Informed Approach for Evaluation	12
First Responders:	12
Overcoming Post-Traumatic Stress.....	12
International Association of Firefighter (IAFF) Center of Excellence for Behavioral Health Treatment and Recovery.....	12
Health Care:	13
Webinar: Real-World Strategies: Assessing for ACEs and Brief Interventions in an Integrated Care Environment **Added 10/5/18**	13
Incarceration:	13
Families Impacted by Incarceration: A Dialogue on Practice Skills , **Added 6/20/18**	13
LGBTQI:	13
Behavioral Health Services for Sexual and Gender Minority Adults: Where Data and Practice Intersect	13
Influences on Addiction and Mental Health in the LGBT Population	13
Supporting LGBTQ Youth Crime Victims	14
Toward an Understanding of Youth Who are Sexual Orientation/Gender Identity/Expression Diverse (SOGIE) or Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, Two-Spirit (LGBTQI2-S).....	14
Intersecting Identities Improving Health Outcomes for LGBTQI2-S Youth of Color.....	14
Three-part video series on Navigating the Holidays.....	14
Working with Transgender and Gender Non-Conforming Adolescents in a Clinical Context - Part 1, **Added 6/20/18**	14
Working with Transgender and Gender Non-Conforming Adolescents in a Clinical Context - Part 2, **Added 6/20/18**	15
Schools:	15
Improving School Climate *Added 1/15/19*	15
Developing Trauma-Informed Partnerships with Schools and Other Child Advocacy Center Partners: Part 1 **Added 10/5/18**	15
Developing Trauma-Informed Partnerships with Schools and Other Child Advocacy Center Partners: Part 2 ** Added 10/5/18**	15
Understanding Childhood Trauma: The School's Role.....	15
How Social and Emotional Learning (SEL) can Help Prevent Bullying *Added 10/5/18*	16
Responding to Trauma: The Role of K-12 Schools – Added 1/26/18.....	16
Secondary Trauma:	16
Foundations of Happiness at Work *Added 1/15/19*	16
Empathy and Emotional Intelligence at Work *Added 1/15/19*	17

Trauma-Informed Supervision: It's for Everyone *Added 1/15/19*	17
Urban Zen Avoiding Burnout in High Stress Work Environments	17
Compassion Fatigue, Burnout and the Strengths-Based Workplace	17
Wounded Healer to Worthy Helper	17
Sexual Assault/Human Trafficking:	18
Human Trafficking Symposium *Added 1/15/19*	18
Human Trafficking and Faith-Based Organizations *Added 10/5/18*	18
End Violence Against Women International	18
Human Trafficking in Adolescents: Understanding the Issues as a Service Provider	19
Sponsored by the Children’s Hospital of Philadelphia’s Violence Prevention Initiative	19
Human Trafficking Free Online Training	19
Substance Use:	20
Understanding Opioid Addiction and Recovery **Added 5/4/18**	20
The Opioid Crisis and the Impact on Families **Added 5/4/18**	20
2018 NAADAC (The National Association for Addiction Professionals) Institute Webinar Series (Added 1/26/18)	20
The Intersection of Opioid Abuse, Overdose, and Suicide, **Added 6/20/18**	20
Suicide:	20
Staff Self-Care in Crisis Response and Suicide Prevention *Added 10/5/18*	20
Sponsored by the National Council on Behavioral Health	20
Understanding the Relationship between Traumatic Brain Injury and Suicide *Added 10/5/18*	20
Suicide & Maternal Depression: Uncovering the Prevalence of Maternal Depression Resulting in Self-Harm **Added 5/4/18**	21
Suicide & Adverse Childhood Experiences (ACEs): Preventing Suicide through Collaborative Upstream Interventions ** Added 5/4/18**	21
Badge Of Life: Police Suicide Prevention, **Added 6/20/18**	21
Veterans:	21
Veterans Behavioral Health Certificate	21

General Trauma Informed Care Topics:

[Preventing Adverse Childhood Experiences \(ACEs\)](#) *Added 1/15/19*

Free, On-Demand training

From the CDC - new FREE online training to help understand, recognize, and prevent ACEs. Includes 2 modules: ACEs overview and Public Health Approach to preventing ACEs. Provides continuing education credits for some professionals.

[Breath Awareness and Modulation: Healing Trauma and Addiction](#) ** Added 10/5/18**

Free On-Demand Webinar; 1.5 hours

This webinar that will prepare clinicians to understand the neurological and psychological causes and effects of trauma and how they impact addictions and addiction treatment. Clinicians will be given both the theory and application of breath awareness and modulation techniques that have had a profound positive effect on recovery rates.

[Fostering Community Wellness: Addressing Toxic Stress and Adverse Community Events](#)

Added 10/5/18

Sponsored by the Substance Abuse and Mental Health Services Administration's Program to Achieve Wellness.

Interactive discussion on mitigating the effects of toxic stress and community trauma, including strategies for fostering individual and community wellness and resilience. 1.5 hours

[Working "Upstream" to Prevent Adverse Childhood Experiences \(ACEs\)](#) *

Added 10/5/18**

Sponsored by the Children's Safety Network

An epidemiologist at CDC, will explore what ACEs are, their prevalence, their inequitable burden on low-income adults and people of color, and their impact on health and life opportunities. She will introduce the World Health Organization's (WHO) framework for addressing social determinants of health inequities and examine how CDC has used this framework to move its efforts "upstream. Additionally, a framework to move work addressing ACEs upstream will be shared along with examples of Kansas' advocacy, media, messaging, education and awareness, and evaluation efforts. 1 hour.

[Mind Body Skills for Emotional Regulation](#) **Added 5/4/18** online course takes a deep dive into the psychophysiology of trauma. Experiential activities are practiced to help participants understand how mind body skills become a language for self-awareness, centering, expression and great insight into helping traumatized youth see themselves as survivors. *\$170 includes CE.*

[Be Attentive: All Language Matters! Using Trauma Sensitive Language](#)

Sponsored by Relias Learning

Watch this webinar to learn the basics of trauma and how to use trauma-sensitive language verbally and in writing to support recovery while still meeting the deficit-based requirements of most insurance

companies. Learn more about the urgent need for all individuals working in behavior health and community services to practice using trauma-sensitive language.

During this webinar we: Identify negative language, Explain the hazards of negative language, especially to children, young adults and families who have experienced trauma, and Describe positive alternatives to common negative language used. 1 hour

[Trauma-Informed Clinical Best Practices: Implications for Clinical and Peer Workforce](#)

Sponsored by Relias Learning

In a trauma-informed organization, the clinical and peer work force ensures trauma-informed clinical best practices address the effects associated with trauma while honoring the core principles of [trauma-informed care](#). It is an organization's clinical work that gets to the core of shifting the focus from "What is wrong with you" to "What happened to you." This webinar you will: Explore the many facets of providing trauma-informed clinical best practices; Discover key components to trauma-informed clinical practice; Learn the core competencies of a trauma-informed practitioner and what it means to apply trauma-informed principles across all stages of treatment; and Learn more about trauma-specific, evidence-based and emerging best practices, including interventions focused on the mind/body connection. 1 hour

[Trauma History and Extensive Service Use: Strategies for Treatment and Prevention](#)

Presented by NASMHPD's State Technical Assistance Project

As part of an effort to understand the root causes of heavy service utilization and poor outcomes, Health Share of Oregon, one of the state's coordinated care organizations, undertook a careful retrospective evaluation of the life course experiences of approximately 50 individuals with a pattern of heavy service use. They found that these individuals had extensive trauma histories throughout their life course. Oregon Health Share subsequently designed and implemented trauma informed approaches to more successfully engage and serve these individuals across settings. Additionally, they have launched community level interventions to reduce exposure to trauma and strengthen resilience for the Medicaid population they serve as an accountable care organization. There are now nearly 4,000 Medicaid members in the Life Course study. The presenters discuss this work and its application to a trauma-informed framework for prevention and treatment planning. 1.5 hours

[Balancing ACEs with HOPE; **Added 6/20/18**](#)

FREE * On-Demand * 45 Minutes; Sponsored by U.S. Department of Health and Human Services
The adverse childhood experiences (ACE) study clearly linked early childhood experiences to lifelong behavioral, emotional, and physical outcomes. This Digital Dialogue from the Child Abuse and Neglect Technical Assistance and Strategic Dissemination Center (CANTASD) introduces the concept of HOPE: Healthy Outcomes from Positive Experiences, and explores a new public health approach that promotes the conditions necessary for those positive experiences that lead to healthy outcomes.

[Parental Depression and Its Impact on Child and Family Well-Being, **Added 6/20/18**](#)

FREE, On-Demand; Sponsored by U.S. Department of Health and Human Services, 48 minutes
Approximately 15.6 million children—1 in 5—live with a parent who is severely depressed. Learn more about what new research says about how to intervene effectively in support of depressed parents and their children with this webinar from the Child Abuse and Neglect Technical Assistance and Strategic Dissemination Center (CANTASD).

[Considerations for SOC Leaders in Developing Trauma Informed Systems, **Added 6/20/18**](#)

Free, On-Demand, Sponsored by The Technical Assistance Network for Children's Behavioral Health, 82 minutes.

This webinar focused on implementing systems of care that are trauma-informed using the context that trauma is a public health priority. Presenters defined trauma-informed care and identified how to apply theory to practice. In addition, a trauma-informed and resiliency-based continuum was shared that includes education, training, organizational assessment, leadership development, and continuous quality improvement.

Adults:

[The Child Is Father To The Man: Trauma Leading to Substance Abuse May Lead to Further Trauma](#)

Sponsored by the Hazelden Betty Ford Foundation

This webinar focuses on childhood trauma – with an emphasis on PTSD, which can lead to addiction, which then can lead to further trauma. Also discussed is the pathophysiology and treatment. 49 minutes

Children/Youth:

[Supporting Children Who Lose Parents to Overdose *Added 1/15/19*](#)

In this webinar hosted by the Institute for Research, Education and Training in Addictions. Presenters will discuss ways that mental health counselors, child welfare specialists, and school personnel can support children who have lost parents to overdose, free, 1.25 hours

[Adolescent Intersections: Depressive Disorders, Developmental Trauma, and Psychoactive Substances *Added 1/15/19*](#)

Free, 1.5 hours

This learning community (LC) presentation is about providing clinical services to youth with co-occurring mental and substance use disorders – with careful attention to the high prevalence of interwoven trauma and developmental trauma experiences. The webinar is particularly designed for clinicians who provide direct services to youth and families, and to those supervising these clinical staff. The webinar will also benefit those interested in designing specialized programs for youth and families.

[Suicide & Bullying: Preventing Suicide through Collaborative Upstream Interventions *Added 10/5/18*](#)

Sponsored by the Injury Control Research Center for Suicide Prevention

The presentation explores youth risk and protective factors that might increase or decrease the risk for bullying involvement or suicide across several socio-ecological levels. Specific strategies that schools and youth-serving organizations can implement to increase protective factors for youth are highlighted. Particular emphasis was given to increasing school connectedness as part of a multi-tiered strategy. The history of one district's Prevention/Intervention Center as a comprehensive crisis intervention and prevention approach to student suicides is reviewed, including district strategies to prevent suicide and bullying through various evidence-based interventions and programs, and the role of community collaboration to support and expand school-based prevention efforts. 1 hour.

Stopbullying.gov *Added 10/5/18*

Free on-line bullying prevention training course for leading a bullying prevention effort in your community.

[Building Community, Building Hope Film Series](#) ** Added 5/4/18**

The Building Community, Building Hope film series was developed CANTASD. This series shows real-world, collaborative solutions to the problem of child abuse and neglect. Each film comes with a discussion toolkit and supporting materials. The National **Child Abuse and Neglect Technical Assistance and Strategic Dissemination Center (CANTASD)** is a service of the [Children's Bureau, Office on Child Abuse & Neglect, Administration for Children and Families, U.S. Department of Health and Human Services](#). [Watch now](#)

[Supporting Grandparents Webinar – Added 1/26/18](#)

The Family Leaders LC held a webinar on supporting grandparents in November 2017. Grandparents who are raising their grandchildren have a unique set of needs, including legal (custody and guardianship), navigating child-serving systems, accessing and maintaining health services for themselves and their grandchildren, and a social support network. This webinar was an opportunity to learn about this important issue and explore resources and opportunities for family-run organizations to develop programming and supports to help grandparents. (Archived) Length: 1.17

["We Never Outgrow the Need for Family -- Just Ask Us"](#)

Sponsored by the Children's Bureau, in collaboration with Child Welfare Information Gateway and AdoptUSKids

This webinar features a panel, including two young adults formerly in foster care, an adoptive parent, and an adoption professional, who share their perspective and suggestions on how to have more effective and meaningful conversations with teenagers about permanency. 1 hour

[Bullying Prevention Training Course](#)

Sponsored by Stopbullying.gov

This training provides guidance on how to take a public health approach to bullying prevention through the use of long-term, community-wide prevention strategies.

[Kujichagulia \(Swahili - Self Determination\): Effective Strategies in Addressing Trauma in African American Children, Youth and Families](#)

Sponsored by SAMHSA's TA Network's Cultural and Linguistic Competency faculty

The webinar covers behavioral health disparities/ disproportionalities and associated root causes in

African American children, youth and families; describes the intersection of historical trauma, racial/ethnic identity development and behavioral health help-seeking behaviors; discusses the integration of faith, spirituality and behavioral health in promoting health and well-being in African American families using the Spirituality, and Faith Empowers (SAFE) curriculum; and talks about trauma-informed community based and clinical strategies to address resilience and the behavioral health needs of African American children, youth, and families. 1.5 hours

[Effective Strategies in Addressing Trauma in Children of Incarcerated Parents](#)

Sponsored by SAMHSA

The increase of children with an incarcerated parent is one the most significant collateral consequences of mass incarceration in the United States. Parental incarceration is now recognized as an "adverse childhood experience" (ACE). It is distinguished from other adverse childhood experiences by the unique combination of trauma, shame and stigma. This webinar addresses trauma in children of incarcerated parents across systems; behavioral health, primary care, law enforcement and community-based settings. Presenters discuss behavioral health and primary care coordination for this population, bonding visits, advocacy, cross-cultural communication, and law enforcement policies and protocols. 1.5 hours

[Understanding Trauma and Promoting Resilience in Vulnerable Children](#)

Sponsored by SAMHSA

Science tells us that children are not born with resiliency, but instead that it develops over time through strong relationships with the important adults in their family and community. This webinar focuses on how resilience can be developed and nurtured, and what parents can do to build resilient children. A facilitated discussion follows a short presentation, and resources on resilience are provided. 1.1 hours

[Children's Safety Network website](#) offers a variety of webinars. Topic include Bullying, Teen Dating Violence, and Preventing Child Abuse – amongst other topics.

[Effective Strategies in Addressing Trauma in Children of Incarcerated Parents](#)

Sponsored by SAMHSA's Cultural and Linguistic Competency team

The session addressed trauma and children of incarcerated parents across systems, focused on the impact of parental incarceration, and featured photographs by Isadora Kosofsky, a noted photographer that captures the special moments between incarcerated parents and their children during bonding visits. 1.5 hours

[Ohio Suicide Prevention Foundation Kognito Program](#) offers free online training through Kognito At-Risk for K-12 and/or Kognito Step-In, Speak Up Trainings. These online, on-demand trainings use avatars to equip school personnel or those who interact with youth with lessons on recognizing warning signs of emotional distress in students, initiating and holding helpful conversations, identifying when further help for students is needed, and referring youth to appropriate services. "At Risk" is for personnel who come in contact with Elementary, Middle and High School Students. "Step-in, Speak Up" focuses on equipping school staff with knowledge in how to create welcoming school environments for LGBTQ youth.

[I Take it Back: When a Child Recants Allegations of Sexual Abuse, **Added 6/20/18**](#)

Free * On- Demand; Sponsored by the National Criminal Justice Training Center, 90 minutes

Discuss the risk factors that might be present in a case, which could be indicative of a possible recant. Explain and recognize potential ways to ensure both the physical and emotional protection of the child, as well as immediate intervention services, in an effort to prevent a recant in the first place. Discuss and identify ways for the multidisciplinary team to evaluate the report of recantation to determine what to do next. Recognize when a second interview should occur, by whom, and the adjustments that need to be made to traditional interview protocols in order to gather pertinent information.

[Child Protector App: An Investigative and Educational Tool; **Added 6/20/18**](#)

Free * On-Demand; Sponsored by the National Criminal Justice Training Center, 90 minutes
Learn more about Child Protector, a free application designed to improve the investigative, administrative, and judicial handling of child physical abuse cases, as well as child fatalities, in a manner that reduces trauma to the child and family. Utilizing sophisticated and detailed medical illustration, professional narration and animation as well as x-rays and real images, Child Protector demonstrates the location, characteristics, and biomechanics of injuries in young children commonly encountered by Children's Division (CD) workers, legal professionals, law enforcement, and medical providers. The app provides a realistic view of injury mechanisms that enhance the investigators ability to gather pertinent scene and witness information, thus improving the accuracy and efficiency of the investigation. Animations, narration, and real images detail how bruises, burns, head injuries, fractures, and abdominal injuries occur through both accidents and abuse.

The Child Protector App was developed by Children's Mercy Kansas City and the University of Texas Health Science Center (San Antonio) through Children's Justice Act Funding from Texas and Missouri.

Courts/Attorneys:

[Trauma Informed Attorney-Client Relationship](#)

Sponsored by North Carolina Court System

Presentation Slides and handouts available. Explores the ethical implications of not utilizing a trauma-informed approach to attorney-client relationships.

Crime Victims:

The [Office for Victims of Crime Training and Technical Assistance Center](#) has a variety of archived webinars available including on the topics on (Select "Past Sessions", 1 hour each):

- Victim-Centered Approaches to Family Violence
- Organizational-Level Response and Planning for Staff Compassion Fatigue/Vicarious Trauma
- Addressing the Impact of Trauma When a Mass violence Incident Occurs
- Vulnerabilities of LGBTQ and Homeless Youth to Human Trafficking and Sexual Exploitation
- Serving Victims of Impaired Driving and DUI Crashes
- Working with At-risk Youth with High Levels of Trauma and Risk for (Re)Victimization
- Addressing Substance Abuse when Responding to Survivors of Human Trafficking

Developmental Disabilities:

[Five Part Webinar Series focused on Trauma and Person with Developmental Disabilities](#)

Sponsored by the Ohio Department of Developmental Disabilities 1 hour each

See: <http://dodd.ohio.gov/Training/Pages/Webinar-Catalog.aspx>. Look for the following topics:

- Creating Environments of resiliency and Care
- Impact of Trauma on Individuals with DD
- Building Resilience: 4 Tools to Assist With Those We Serve & Ourselves
- Becoming a Trauma-Informed Agency
- Recognizing and Responding to Trauma
- Human Trafficking

[Bullying, Social Media Impact](#)

Sponsored by the Ohio Department of Developmental Disabilities

Learn about the effects bullying and using social media can have on people with developmental disabilities. This webinar focuses on the signs of bullying, how to respond to it, and prevention strategies. 1 hour.

Disaster/ Community-Based Trauma:

[When Disaster Strikes: Promoting Resilience through Prevention, Preparation and Intervention.](#)

Sponsored by National Council for Behavioral Health

This webinar offers opportunities to learn about the range of individual and collective responses to disaster, provides practical strategies to support affected parties, and highlights the importance of addressing responder stress and self-care. 1.5 hours

[Communities Addressing Trauma and Community Strife Through Trauma-Informed Approaches Webinar](#)

Series sponsored by SAMHSA's National Center for Trauma-Informed Care and Alternatives to Seclusion and Restraint.

Includes Webinars on:

- Introduction of SAMHSA's Concept of Trauma and Peer Support: Creative Approaches to Safe Streets and Developing Community Self-Determination
- Trustworthiness and Transparency: Handle with Care
- Collaboration and Mutuality: San Jose, CA Mayor's Office of Prevention of Gang Violence
- Cultural, Historical, and Gender Issues: Understanding the Impact of Historical Trauma on Communities
- Empowerment, Voice and Choice

1.5 hours each

Domestic Violence:

[The National Center for Domestic Violence, Trauma and Mental Health](#) has a series of Trauma Informed Webinars available on demand including:

- Trauma-Informed Responses to Emotional Distress and Crisis: An Introduction
- Responding to Mental Health Crisis: Incorporating Peer Support Practices
- Responding to Mental Health Crisis: Program Polices That Support Trauma-informed Responses to Emotional Distress and Crisis
- Responding to Mental Health Crisis: Trauma-Informed Strategies to Support Connection and Emotional Safety
- Responding to Mental Health Crisis: The What and Whys of Self-injury
- Responding to Mental Health Crisis: Trauma-informed Approaches to Conversations About Diagnosis, Treatment and Medication

1 to 1.5 hours each

Evaluation:

[Using a Trauma-Informed Approach for Evaluation](#)

Sponsored by Child Mental Health Initiative

Presenters discuss trauma issues in evaluation from the perspective of youth and families from whom data is collected. This webinar also identifies techniques for data collection that use a trauma-informed approach. 1.5 hours

First Responders:

[Overcoming Post-Traumatic Stress \(Firefighters/EMS\)](#), Free, 35 minutes ***Added 1/15/19***

Panel discussion with International Association of Firefighters (IAFF) members who have struggled and recovered from post-traumatic stress, one of the biggest but often untreated health issues among their ranks

[International Association of Firefighter \(IAFF\) Center of Excellence for Behavioral Health Treatment and Recovery, Upper Marlboro, MD \(near Washington, DC\)](#) - The IAFF Center of Excellence for Behavioral Health Treatment and Recovery is a one-of-a-kind addiction treatment facility specializing in PTSD for IAFF members who are struggling with addiction, PTSD other related behavioral health challenges to receive the help they need in taking the first steps toward recovery. It is a safe haven for members to talk with other members who have faced or overcome similar challenges. They accept eligible individuals nationwide.

[Archived Webinar](#) talking about access, expectations and treatment at this facility ***Added 1/15/19***

Health Care:

[Webinar: Real-World Strategies: Assessing for ACEs and Brief Interventions in an Integrated Care Environment](#) ****Added 10/5/18****

Free On-Demand Webinar; 1.5 hours

Note: When you go to the page, just enter your information at the bottom and it will take you to the archived webinar.

Hosted by the SAMHSA-HRSA Center for Integrated Health Solutions.

The webinar will equip providers and other healthcare professionals with quick, easy-to-use strategies to promote patient resiliency and implement organizational strategies to build a trauma-informed culture. Using these interventions within a trauma-informed integrated care culture can truly optimize patient health outcomes.

Incarceration:

[Families Impacted by Incarceration: A Dialogue on Practice Skills](#) , ****Added 6/20/18****

FREE, On-Demand, Sponsored by U.S. Department of Health and Human Services, 55 minutes

This recording of CANTASD's conversation with the director of the National Resource Center on Children and Families of the Incarcerated offers a national perspective on best practices for responding to the needs of children and families impacted by the criminal justice system.

LGBTQI:

[Behavioral Health Services for Sexual and Gender Minority Adults: Where Data and Practice Intersect](#)

Sponsored by the National Council on Behavioral Health

SAMHSA's 2015 National Survey on Drug Use and Health (NSDUH) yielded the first-ever data from self-identified sexual minority respondents. While the data findings represent only a year of information, they indicate a critical need to better understand the relationship between sexual orientation and behavioral health. This webinar highlights these key results from the 2015 NSDUH, complimented with corresponding practices from three organizations that serve LGBT individuals and communities: Fenway Health in Boston; Rainbow Heights Club in Brooklyn; and the Montrose Center in Houston.

[Influences on Addiction and Mental Health in the LGBT Population](#)

Sponsored by the National Association of Addiction Professionals

The lesbian, gay, bisexual, and transgender (LGBT) communities are reported to have higher incidences of substance misuse. This webinar focuses on the influences on the LGBT population that lead to higher rates of using substances as a coping skill, provides a self-assessment of your preparation for providing services to LGBT clients, and examines your practices for LGBT affirmative practices. Topics include the

societal influences of minority stress, micro-aggressions, victimization, religion, visibility management, and invisibility management. Ways to gain knowledge about LGBT issues allow participants to explore their own biases that influence their work with LGBT clients. The webinar concludes with best practices for providing affirmative services to LGBT clients. 2 hours

[Supporting LGBTQ Youth Crime Victims](#)

Sponsored by The Office of Juvenile Justice and Delinquency Prevention (OJJDP) and the Missing and Exploited Children's Program

This webinar discussed the culturally specific challenges and facilitators to LGBT youth accessing support and reporting crimes. 1.5 hours

[Toward an Understanding of Youth Who are Sexual Orientation/Gender Identity/Expression Diverse \(SOGIE\) or Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, Two-Spirit \(LGBTQI2-S\)](#)

Sponsored by SAMHSA

This Family Leaders Learning Community helps family organization leaders respond to issues facing LGBTQ youth and their families. It focuses on terminology and the diversity within and among LGBTQ communities, as well as information on when children and teens may begin to express gender identity questions. 1.5 hours

[Intersecting Identities Improving Health Outcomes for LGBTQI2-S Youth of Color](#)

Sponsored by SAMSHA

This webisode focuses on issues affecting LGBTQI2-S youth of color and share ways to help providers, after-school program facilitators, families, and youth understand the intersection of identities and the associated challenges of trauma, suicide, and resilience. Participants will learn strategies to address behavioral health challenges and facilitate healing among children, youth, and families. State and local community leaders, health care providers, child- and youth-serving agencies, schools, LGBTQI2-S supporting organizations, and caregivers are encouraged to watch and participate in the webisode. 1.0 hour

[Three-part video series on Navigating the Holidays](#)

Sponsored by Gender Spectrum

Along with the joy of seeing family and friends, holidays can be a time when parents and caregivers of transgender, non-binary and otherwise gender-expansive kids need to negotiate issues around their child's gender. These webinars can be helpful to parents/caregivers in preparation for holiday gatherings. Topics include: Sharing Information with Family and Friends, Preparing your Child for the Holidays, and Toy and Gift Giving. 7-11 minutes each

[Working with Transgender and Gender Non-Conforming Adolescents in a Clinical Context - Part 1, **Added 6/20/18**](#)

Free, On-Demand, sponsored by the Midwest Regional Child Advocacy Center, 90 minutes

Two parts with the first being more of a gender 101 focusing on gender identity development. Specific focus will be given to identifying the importance of considering where someone is at in their development when considering issues of gender non-conformity or gender dysphoria.

[Working with Transgender and Gender Non-Conforming Adolescents in a Clinical Context](#)
- Part 2, ****Added 6/20/18****

Free, On-Demand, sponsored by the Midwest Regional Child Advocacy Center, 90 minutes
Part two will be focused on clinical applications of working with adolescents who are transgender or gender non-conforming.

Schools:

[Improving School Climate](#) ***Added 1/15/19***

Free

The National Center on Safe Supportive Learning Environments created an online training toolkit, *Creating a Safe and Respectful Environment in Our Nation's Classrooms: Second Edition*, to support educators and school staff in improving school climate and reducing bullying behaviors. Four modules are available: two training of trainer modules for group training delivery and two self-study training modules for individual, self-paced training.

[Developing Trauma-Informed Partnerships with Schools and Other Child Advocacy Center](#)
[Partners: Part 1](#) ****Added 10/5/18****

Sponsored by the Midwest Regional Child Advocacy Center

On Demand Webinar; 1.5 hours

Part 1 will review essential components and stages of designing and implementing trauma-informed trainings for schools, law enforcement, and other community partners.

[Developing Trauma-Informed Partnerships with Schools and Other Child Advocacy Center](#)
[Partners: Part 2](#) **** Added 10/5/18****

On Demand Webinar; 1.5 hours

Part 2 focuses on an example of how to design and implement trauma-informed trainings for schools, law enforcement, and other community partners. An overview of essential components and stages of the training is reviewed as well as the challenges encountered in implementing the program within different systems.

[Understanding Childhood Trauma: The School's Role](#)

Sponsored by Screening for Mental Health

The webinar includes information on the following topics: Childhood trauma basics, including prevalence and how it impacts youth; The link between trauma and suicide risk, including trauma-informed assessment; Classroom behaviors/manifestations related to trauma; How schools can support students with trauma history; Resources schools can access through the National Childhood Traumatic Stress Network; How the SOS Program addresses trauma and Case studies/Examples.

1 hour

[How Social and Emotional Learning \(SEL\) can Help Prevent Bullying](#) *Added 10/5/18*

Sponsored by the Children's Safety Network

Learn about the latest research on bullying among children and adolescents and explore strategies for using social and emotional learning (SEL) to prevent bullying. Social and emotional learning helps children and adolescents to manage their emotions, empathize with others, and develop positive relationships. It provides an important framework for schools to use in helping students acquire and strengthen social and emotional skills to prevent bullying behaviors and support inclusion and respect. 1 hour.

[Responding to Trauma: The Role of K-12 Schools – Added 1/26/18](#)

One out of every four children attending school has been exposed to a traumatic event, which has lifelong consequences for their well-being and educational outcomes. Educators and school staff work daily with these children; equipping them with the knowledge and skills to respond should be a priority for school and district leaders, as well as school mental health professionals.

We hosted an interactive webinar where you can hear from our panelists, who shared:

- Best practices for creating a trauma-informed school community, including evidence-based practices.
- Examples of how school districts such as Houston formulated a Hurricane Harvey response.
- Recommendations and resources for schools and districts.

Archived Webinar, 1 hour

The [School Justice Partnership](#) offers a variety of on-demand webinars, many of which related to trauma informed care.

Secondary Trauma:

[Foundations of Happiness at Work](#) *Added 1/15/19*

online class – Free, approx. 2-3 hours/week for 4 weeks but self-paced. Sponsored by Univ. of California-Berkeley. **Begins 1/7/19 however can enroll after the start date.** **Helpful strategies for preventing secondary trauma.** The course begins by defining happiness and making the case that happiness at work improves the performance of individual employees and organizations as a whole, increasing innovation, productivity, engagement, retention, and the quality of their work. It then explores the key factors that empirical research has linked to workplace happiness, zeroing in on practices such as gratitude, developing a strong sense of purpose, and forming authentic, cooperative connections with others. The course will also highlight common barriers to workplace happiness, both at the individual and cultural level.

[Empathy and Emotional Intelligence at Work](#) *Added 1/15/19*

online class – Free, 2 hours/week for 4 weeks but self-paced. Sponsored by Univ. of California-Berkeley. **Begins 1/7/19 however can enroll after the start date.** *Companion course for the above “Foundations of Happiness at Work”*

This course delves into the social and emotional skills that sustain positive relationships at work. It highlights the foundational and related skills of empathy and “emotional intelligence,” also known as EQ, which refers to the skills of identifying and regulating our own feelings, tuning into the feelings of others and understanding their perspectives, and using this knowledge to guide us toward constructive social interactions.

[Trauma-Informed Supervision: It's for Everyone](#) *Added 1/15/19*

FREE, 1 hour

During this webinar, attendees will learn how to incorporate trauma-informed supervision into any supervisory relationship, including but not limited to clinical supervisor and clinician. Attendees will gain a better understanding of the different applications and value of trauma-informed supervision, be able to differentiate between compassion fatigue and secondary trauma and learn how to enhance supervision.

[Urban Zen Avoiding Burnout in High Stress Work Environments](#) ** Added 10/5/18**

Presented by Marcia Miller, E-RYT 500

Marcia Miller has been teaching yoga for over 40 years and has taught all levels and types of students from new beginners to yoga teachers and everyone in between. In 2001 Marcia was one of the founders/owners of Yoga on High. She is one of a few Master Teacher Trainers for the Urban Zen Integrative Therapy (UZIT) Trainings and in charge of Reiki training for UZIT. She is on a community advisory board for the Center for Integrative Health and Wellness at the Ohio State University and offers UZIT modalities in Wexner Medical Center at the Ohio State University. 19 minutes

[Compassion Fatigue, Burnout and the Strengths-Based Workplace](#)

Sponsored by the National Association of Addiction Professionals

This webinar defines and distinguishes health-risks commonly experienced by helping professionals, specifically burnout and compassion fatigue. The webinar emphasizes both risk factors and protective factors for these stressors within individuals and organizations, and provides a means to assess one’s personal vulnerability to these. 1.5 hours.

[Wounded Healer to Worthy Helper](#)

Sponsored by the National Association of Addiction Professionals

Using concepts of The Daring Way to build courageous professionals, compassionate teams and connected organizations. This webinar provides participants the opportunity to explore the need for self-awareness, application of concepts to their knowledge base and skill sets and the abilities to use their story to impact their work. Behavioral health professionals have a tough job and save lives every day. This webinar encourages and prepares us to build resilience in our daily work and to create healthy teams and corporate cultures. 1.5 hours

Sexual Assault/Human Trafficking:

[Human Trafficking Symposium](#) *Added 1/15/19*

Video recordings of sessions held November 28–29, 2018 by the U.S. Department of Health and Human Services (HHS)

The recordings include opening and closing remarks and panel discussions from the 1.5-day event. The symposium addressed current and future anti-trafficking efforts for the health care and anti-trafficking fields. Expert panelists delivered presentations on the following topics:

- Integrating Primary and Behavioral Health Services for Trafficking Survivors
- Early Intervention and Prevention of Human Trafficking
- Trauma-Informed Screening
- Addressing the Health Needs of Minors and Young Adults
- Addressing the Substance Use and Co-Occurring Mental Health Needs of Trafficking Survivors
- Reflections on Next Steps for Research, Evaluation, and Technical Assistance

[Human Trafficking and Faith-Based Organizations](#) *Added 10/5/18*

Sponsored by: NHTTAC in conjunction with faith-based organizations

Highlights **emerging trends**, **case studies**, and **best practices** for providing supportive and comprehensive services for individuals who have been trafficked. **Discussion Topics:**

- Multidisciplinary intersections specific to faith-based partnerships and outreach and how these intersections shape our response to human trafficking
- How faith-based entities can mobilize and partner with community-based organizations to proactively identify and provide outreach to populations at risk of trafficking
- Successful models that have been used to coordinate and establish a continuum of care for individuals who have been trafficked.

1.5 hours.

[End Violence Against Women International](#) has a variety of webinars available related to trauma informed care to those who have endured sexual assault.

2-part webinar series on the [Neurobiology of Sexual Assault](#). These presentations explain how fear and trauma can alter brain functioning during sexual assault, resulting in experiences, behaviors and memories that are, unfortunately, still commonly misunderstood.

- **Part 1: Experience and Behavior**
Participants will come to understand brain-based responses to sexual assault, especially those associated with involuntary habits and reflexes. This presentation provides a critical foundation for learning and applying trauma-informed responses with people who have been sexually assaulted.
- **Part 2: Experience and Memory**
Participants will come to understand brain-based aspects of memory encoding, storage and retrieval that determine what can later be recalled and not recalled, including in investigative

interviews and in court. This presentation provides a critical foundation for learning and applying trauma-informed responses with people who have been sexually assaulted.

2-part Webinar series on [Forensic Experiential Trauma Interview \(FETI\): A Trauma Informed Experience](#). When people experience trauma, they go through a process that many professionals - as well as the individuals themselves - do not understand. For example, most of us were trained to believe that when an individual experiences a traumatic event, the brain records the majority of the details investigators need, or want to know, about the event: Who, What, Where, Why, When and How? Unfortunately, trying to collect information from a victim of a traumatic event in this way actually inhibits the accuracy of the details provided. This is because investigators typically question victims about peripheral information such as the suspect's description, i.e., height, weight, hair color, clothing worn, the time frame of the event, etc. Some victims are capable of providing this type of information in a limited fashion. However, the majority of trauma victims are not only unable to accurately provide this type of information, but when pressed to do so, they may inadvertently provide inaccurate information and details which in turn creates suspicion as well as inconsistencies. The Forensic Experiential Trauma Interview (FETI) is designed to change this. The technique draws on the best practices of child forensic interviews, critical incident stress management, and neuroscience - combining them into a simple three-pronged approach that unlocks the trauma experience in a way that we can better understand.

- **Part 1: Overview of the FETI**

This webinar discusses the history of victim interviews and the criminal justice system, the need for change, and an overview of the FETI in this first part of the series. 1.5 hours

- **Part 2: Practical Application of the FETI**

In this second part of the webinar series, the practical applications of the FETI, reframing questions, and how to close a FETI interview is reviewed. The presenter also talks about how FETI can be applied to both preliminary and follow-up interviews. 1.5 hours

[Human Trafficking in Adolescents: Understanding the Issues as a Service Provider](#)

[Sponsored by the Children's Hospital of Philadelphia's Violence Prevention Initiative](#)

Topics covered: Define human trafficking and other related terms; Identify signs that your patient or client may be a trafficked youth; Identify root causes of trafficking and transactional sex; Explore your role and responsibilities as a social worker; and Identify resources to assist you with clients who are victims of trafficking. 1.5 hours

[Human Trafficking Free Online Training](#)

Developed by the Ohio Human Trafficking Taskforce and includes 1 continuing education credit for many professionals

Substance Use:

[Understanding Opioid Addiction and Recovery](#) ****Added 5/4/18****

<http://www.wraparoundohio.org/webinar-understanding-opioid-addiction-and-pathways-to-recovery/>

[The Opioid Crisis and the Impact on Families](#) ****Added 5/4/18****

<http://www.wraparoundohio.org/webinar-the-opioid-crisis-and-the-impact-on-families-2/>

[2018 NAADAC \(The National Association for Addiction Professionals\) Institute Webinar Series \(Added 1/26/18\)](#)

Each **free** 1-2 hour [webinar](#) is brought to you live by a subject matter expert and worth continuing education (CE) hours (free for [NAADAC members](#)). All webinars are recorded for later viewing and added the **NAADAC on-demand library of over 145 hours of free addiction-specific education** available 24/7.

[The Intersection of Opioid Abuse, Overdose, and Suicide](#), ****Added 6/20/18****

Free, On-Demand, Sponsored by SAMHSA, 90 minutes

This webinar examines current research on the connections between opioid abuse, overdose, and suicide. Expert presenters describe some of the populations at increased risk for overdose and suicide death and explore factors that contribute to these risks. Participants will also explore opportunities for collaborating across sectors to launch a coordinated response to opioid abuse and suicide, and will hear examples from the field where this work is underway.

Suicide:

[Staff Self-Care in Crisis Response and Suicide Prevention](#) ***Added 10/5/18***

Sponsored by the National Council on Behavioral Health

After this webinar, you will better understand the importance of self-care for crisis workers and the potential impact of ignoring it, as well as their special needs and how to address them. You will hear from [National Suicide Prevention Lifeline](#) staff who will demonstrate Lifeline's tools and resources to address staff self-care. Finally, organizations who have successfully addressed these issues will discuss their experiences. 1.5 hours.

[Understanding the Relationship between Traumatic Brain Injury and Suicide](#) ***Added 10/5/18***

In this webinar from the Injury Control Resource Center for Suicide Prevention, presenters discussed research on the relationship between traumatic brain injuries and suicide as well as opportunities for early identification and treatment of patients at high risk for suicidal behavior because of a traumatic brain injury. 1 hour.

[Suicide & Maternal Depression: Uncovering the Prevalence of Maternal Depression Resulting in Self-Harm **Added 5/4/18**](#)

In this webinar, M. Camille Hoffman, MD, MSc, of the departments of Obstetrics & Gynecology and Psychiatry at the University of Colorado School of Medicine discussed national efforts to improve maternal safety, her research on maternal depression and suicide, and opportunities for early identification in health care settings of women at risk of self-harm. This presentation reviewed Colorado's data on maternal depression and self-harm rates and discussed national data on maternal depression and suicide, strategies to address maternal depression by Colorado and other states, and also explored the implications for researchers and health care practitioners.

[Suicide & Adverse Childhood Experiences \(ACEs\): Preventing Suicide through Collaborative Upstream Interventions ** Added 5/4/18**](#)

The Adverse Childhood Experiences (ACEs) study, led by CDC and Kaiser Permanente, was a large-scale, retrospective study of the relationship between childhood trauma and household challenges on lifetime health outcomes, including suicide attempts, adult depression, and substance abuse. In this webinar, the importance of comprehensive suicide prevention that includes a focus upstream on preventing suicide risk before it happens is described and ACEs as an important area of that focus, and examples of collaborative, evidence-based interventions to prevent early adversities. The path North Carolina is taking to use a multi-agency collaborative approach that links ACEs to state behavioral health priorities such as suicide prevention and to multi-disciplinary initiatives is reviewed. The North Carolina Department of Health and Human Services has provided leadership on a multi-agency collaboration connecting ACEs with state priorities in substance abuse prevention and the opioid epidemic and in the prevention of domestic violence, sexual assault, and suicide.

[Badge Of Life: Police Suicide Prevention, **Added 6/20/18**](#)

Free, On-Demand, Sponsored by International Bipolar Foundation, 72 minutes
Interview with Retired Sergeant Ron Clark RN, MS, APSO, Chairman of Badge of Life for a discussion about the crisis of suicide in Law Enforcement.

Veterans:

[Veterans Behavioral Health Certificate](#)

Online, on-demand training course which leads to certificate; for clinicians, case managers, and peer support specialists in general healthcare, mental health, and addictions treatment settings that serve veterans and their family members in the community. \$350 for 15 course (20+ hours) with CEUs