

# Take the first step toward saving lives

Suicide is a public health issue in Ohio. Let's all work together to prevent it.

## 1,836 Ohioans died by suicide in one year.<sup>1</sup>

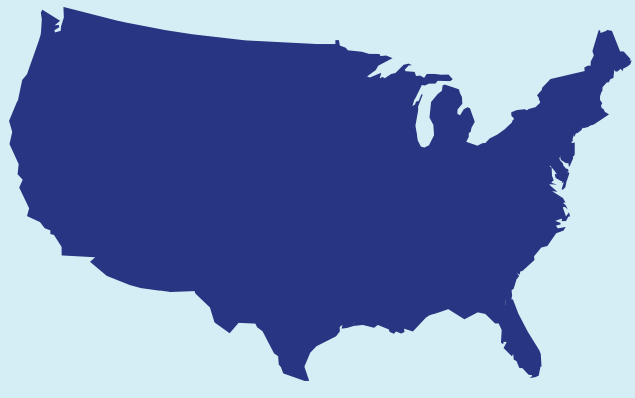
That is

**5**

Ohioans  
per day

**3X**

the homicide rate  
for the state



Ohio's suicide rate is slightly higher than the national average.<sup>2</sup>

Ohio: 14.8/100K | National: 14.0/100K



78% of those who die by suicide are men, especially older men. Nearly 12% are young people.<sup>1</sup>

Suicide accounts for 65% of the state's violent deaths.<sup>1</sup>

**9.3%**

of adults are unemployed.<sup>5</sup>

With every 1% increase in unemployment, there is a 1.6% increase in suicide.<sup>6</sup>

### Environmental

Access to lethal means  
Unemployment/financial problems  
Stressful life events  
Exposure to violence

### Others

Sexual minority  
Social isolation or hopelessness  
Impulsivity and/or aggressiveness

**7.2%**

of adults report suffering from one or more depressive episode in the prior year (9th highest state share in the nation).<sup>4</sup>

## Risk factors related to suicide<sup>3</sup>

**OHIO**

### Health

Mental health and substance use  
Serious/chronic medical conditions  
Traumatic brain injury

### Historical

Previous attempts  
Family history  
Childhood abuse, neglect or trauma

**5.5%**

of adults either abuse or are dependent on alcohol or drugs (Nat. avg: 8.8%).<sup>4</sup>

**4.8%**

of adults have a serious mental illness (5th highest state share in the nation).<sup>4</sup>

**24%**

increase in Ohio's suicide rate from 2008–2017<sup>1</sup>



Help prevent suicide by recognizing and screening for potential risk in your patients.

If you have a patient with potential risk, call the UnitedHealthcare Provider Line for next steps.  
**1-877-842-3210**



For screening tools, scan the QR code or visit [providerexpress.com/suicide](https://providerexpress.com/suicide)

